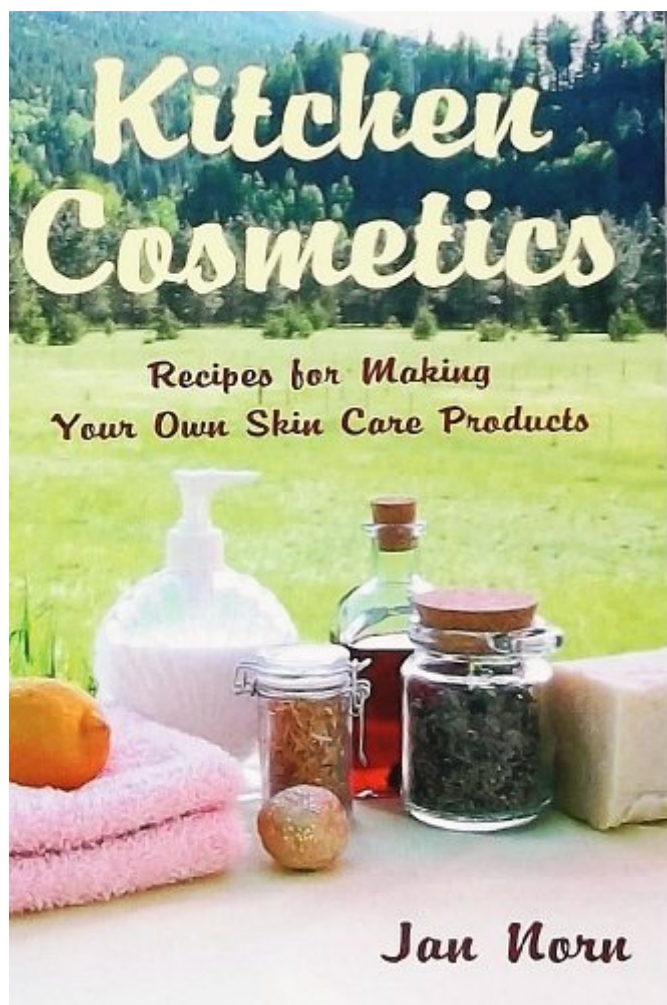


The book was found

Kitchen Cosmetics: Recipes For Making Your Own Skin Care Products



Synopsis

Since the dawn of time, women have loved cosmetics. From bear-grease and woad to complex modern lotions, we cherish beauty aids, but now that cosmetics have become a huge and expensive industry, we need to bypass the loop and make our own products from ingredients that we trust. Protect your immune system, eliminate cancer-causing ingredients and DO IT YOURSELF. Jan's recipes are simple and effective. They explain HOW and WHY each ingredient works. Cosmetic cookery is fun. You can save a lot of money - make a whole batch of creams or lotions for the price of one pot of 'commercial' stuff. Your friends will enjoy testing your creations (they make great gifts as well). Learn to make soap, lotions, creams, deodorants, shampoo, baby powders and oils, safe sun-screen, herbal bug-repellent and many other skin-care solutions.

Book Information

File Size: 1326 KB

Print Length: 128 pages

Publication Date: April 13, 2011

Sold by: Â Digital Services LLC

Language: English

ASIN: B004WKQMYC

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #1,060,370 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #89

inÂ Books > Health, Fitness & Dieting > Beauty, Grooming, & Style > Skin Care #1794 inÂ Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Beauty, Grooming, & Style #3949 inÂ Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Personal Health > Healthy Living

Customer Reviews

The book does have a lot of good recipes, especially if you want to make your own soap. But if you're not looking to make soap then it is not the book for you

the kitchen part threw me because I dont kee most of these in my kitchen , I was hoping for more

ordinary products such as oatmeal ,salt ,sugar ect.

Have been using recipes in this book for a long time now.

This was a very informative, well researched book. The recipes seem simple enough for even me ! I am looking forward to trying them.

In this book you will find simple remedies to develop natural products that help restore the beauty and aesthetics in a natural way.

Very helpful.. great price! Good information. Easy recipes. Author is obviously very knowledgeable and uses these practices in her own life

As a beginner in homemade cosmetics I was totally blown away by Jan Norm's 'Kitchen Cosmetics.' The book is loaded with information that is easily explained and recipes that any one can follow once the ingredients are available. Ms. Norm started with 'How to wash your face.' which was a big surprise to me and very helpful indeed.I also admired the way she used chapter 46 to inform the reader of the products she don't use and why. This book is a must have for beginners who want a great start in homemade cosmetics. I think I am very fortunate to have a copy of this book in my possession. Great job Ms. Norm! Thanks.

[Download to continue reading...](#)

Kitchen Cosmetics: Recipes for Making Your Own Skin Care Products Don't Go to the Cosmetics Counter Without Me: A unique, professionally sourced guide to thousands of skin-care and makeup products from today's hottest ... and discover which products really work! Don't Go to the Cosmetics Counter Without Me: A unique guide to skin care and makeup products from today's hottest brands — shop smarter and find products that really work! Make Your Own Cosmetics: Recipes, Skin Care, Body Care, Hair Care, Perfumes, and Fragrancing, Herbs, Essential Oils, Cosmetic Ingredients... (Neal's Yard Remedies) Soap Making: 365 Days of Soap Making (Soap Making, Soap Making Books, Soap Making for Beginners, Soap Making Guide, Soap Making Recipes, Soap Making Supplies): Soap Making Recipes for 365 Days Organic Skin Care: Heal Eczema and Eliminate Problem Skin with DIY Organic Skin Care Recipes That Nourish, Protect and Hydrate All Skin Types CAT CARE: BEGINNERS GUIDE TO KITTEN CARE AND TRAINING TIPS (Cat care, cat care books, cat care manual, cat care products, cat care kit, cat care supplies) Essential Oil

Beauty Secrets: Make Beauty Products at Home for Skin Care, Hair Care, Lip Care, Nail Care and Body Massage for Glowing, Radiant Skin and Shiny Hairs Soap Making: 365 Days of Soap Making: 365 Soap Making Recipes for 365 Days (Soap Making, Soap Making Books, Soap Making for Beginners, Soap Making Guide, ... Making, Soap Making Supplies, Crafting) Don't Go to the Cosmetics Counter Without Me: A Unique Guide to Over 30,000 Products, Plus the Latest Skin-Care Research (Completely Revised and Updat Formulas, Ingredients and Production of Cosmetics: Technology of Skin- and Hair-Care Products in Japan Homemade Makeup and Cosmetics: Learn How to Make Your Own Natural Makeup and Cosmetics Organic Homemade Lotion Recipes - For All Skin Types (The Best Lotion DIY Recipes): Lotion Making For Beginners (organic lawn care manual, organic skin care, beauty and the beast) Essential Oils Beauty Secrets Reloaded: How To Make Beauty Products At Home for Skin, Hair & Body Care: A Step by Step Guide & 70 Simple Recipes for Any Skin Type and Hair Type Skin Care: Eczema Treatment for beginners (2nd EDITION REVISED AND EXPANDED) - How to get rid of eczema forever - Natural Treatments and Available Cures ... Eczema Therapy - Skin Care - Skin Disease) Anti Aging: The Best Anti Aging Beauty Products, Anti Aging Medicines and Anti Aging Skin Care Treatments to Make You Look and Feel Younger (Anti Aging, ... Secrets, Anti Aging Diet, Beauty Products) The Ultimate Soap Making Guide: Unique Soap Making Recipes & Complete Soap Making Guide for Beginners (Soap Making at Home, Soapmaking Guide, Soap Making Recipes, Soap Making Book) Perfumes and Spices - Including an Account of Soaps and Cosmetics - The Story of the History, Source, Preparation, And Use of the Spices, Perfumes, Soaps, And Cosmetics Which Are in Everyday Use Percutaneous Absorption: Drugs--Cosmetics--Mechanisms--Methodology: Drugs--Cosmetics--Mechanisms--Methodology, Third Edition, (Drugs and the Pharmaceutical Sciences) Poucherâ™s Perfumes, Cosmetics and Soaps: Volume 3: Cosmetics

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)